

COVID-19 Disease Control Measures Check-sheet





1. Cleanliness and the use of masks
☐ Place notices requesting all customers to wear a mask (endeavor to provide a mask to customers
who do not have one) Place hand sanitizer and/or disinfectant within the facility, and notify staff and customers to
wash/disinfect their hands thoroughly
☐ Ensure good hygiene - e.g., stop the use of shared towels and wash uniforms thoroughly
2. Social distancing (maintaining a 2m distance)
☐ Avoid crowding with measures such as managing lines, placing markers on the floor to indicate
where to stand, and implementing an online ticket system for entry Arrange seating to ensure sufficent space between customers (and staff), and notify people not to
speak in a loud voice Place shields/barriers in places where people are likely to come face-to-face, and lower chances
for contact, for example by allowing cashless payments
3. Avoid the 3 Cs (closed spaces, crowded places and close-contact settings)
☐ If the 3 Cs are likely, use numbered entry ticket systems or place restrictions on entry times/how
many people can enter the facility
☐ Periodically ventilate rooms by opening doors and windows and/or placing fans blowing outwards
☐ Keep staff breaks rooms well ventilated and prevent eating or conversing face-to-face

4. Cleaning and disinfecting facilities □ Reduce the amount of objects and places that many people touch, and disinfect them thoroughly where that is difficult □ Notify people to throw used masks away by putting them in a plastic bag and shuting it tightly □ Ensure employees mask and gloves when cleaning or disposing of rubbish, and ensure they wash their hands thoroughly

5. Monitoring staff and customers' health
☐ Request customers who have a fever not to enter the premises.
☐ Check employees' health and temperature before they come to work through daily reporting
☐ Urge employees who are unwell to rest, and send home people who start feeling unwell at work
immediately ☐ Prepare for cases of infection by knowing the local health center and having a grasp on who is
coming to the premises
6. Industry-specific guidelines
☐ Ensure plenty of distance is kept between people by arranging magazines, DVDs etc. in a suitable
manner and/or making corridors one-way only Inform users that instead of returning items they had used directly to the shelf, they should place
them in the returns area
☐ Request users to refrain from standing and reading books, magazines etc.
☐ Refer to guidelines from industry-groups to implement measures in addition to those listed above
http://www.n-shoten.jp/