# 54 Cafe & Crepe









#### **☎** 042-533-6208

- URL http://54cafecrepe.tokyo/
- 1F Mansion Nakano, 1-5-12 Midorigaoka, Hamura-shi
- Weekdays 11:00 20:30 10:30 - 21:00 (Last Call 20:30)
- Tuesdays
- 📵 11 min. walk from JR Ome Line Hamura Station Fast Exit







# Signature menu

#### Fried Rice Crepe with Yakiniku Pork from Ome

Available Year-round

Ingredients Pork from Ome

# Seafood and Sushi Hanamizuki

## ☎ 042-578-3137

URI http://www.hanamizuki-yawaragi.com/



- 🖸 1-27-2 Ozakudai, Hamura-shi
- (1) 11:30 14:00/16:00 23:00 New Year's Holidays only
- 4 min. walk from JR Ome Line Ozaku Station







#### Hinohara potato chijimi

Available Year-round

Ingredients Potatoes from Hinohara-mura

Hinohara maitake mushroom spaghetti aglio, olio e peperoncino

Available Year-round Ingredients Maitake mushrooms from

Hinohara-mura



#### Akiruno Takumi Udon Noodles

# Shougotei



#### **2** 042-596-0541

URL http://www.gws.ne.jp/home/shogotei/

- 💽 233 Aza Shougo, Sannai, Akiruno-shi
- Weekdays 11:00-15:30 Holidays 11:00-16:30
- Wednesdays and Thursdays (Open when falling on Holidays)
- 4 min. walk from JR Itsukaichi Line Musashi-Itsukaichi Station for Ome along the tracks





Signature menu

#### Hikizuridashi Udon Noodles

Available Year-round

Ingredients Home farm-harvested wheat flour (Home-farm in Akiruno-shi)

#### Morisoba Noodles

Available While new-harvest buckwheat is

Ingredients Home-grown buckwheat flour used (Home-farm in Akiruno-shi)



Millstone-Ground Handmade Soba

# Igusa



# **3** 042-558-8590

URI http://soba-igusa.jimdo.com/

- 673-4 Amema, Akiruno-shi 11:00 - 14:30/17:00 - 21:00
- About 5 min. by car from JR Musashi-Itsukaichi Line Akigawa Station and Higashi-Akiru Station About 10 min. by car from the Akiruno Interchange on the Ken-o Expressway (parking available)







#### Shamo-don

Available Year-round

Tokyo Shamo Chicken from Ingredients Nishitama-gun, eggs from used Akiruno

#### TOKYO X Niku Udon

Available Year-round

Ingredients TOKYO X pork used









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Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted)

#### Sumibiyaki/Yamazato Village Dishes

# Kurochaya



#### **2** 042-596-0129

URI http://www.kurochaya.com/

- 167 Konakano, Akiruno-shi
- 11:00 15:00/17:00 19:00 (Reservations accepted)
- X Tuesdays (Open when falling on holidays)
- Near Konakano Cross on Hinohara-mura Way (Parking space for 50 cars)

Near from the closest bus stop Nishi-Konakano





## Signature menu

#### Sumibiyaki Char-grilled/ Yamazato Village Dishes

Year-round (Char-grilled dishes Available Year-round (Charging and Served in summer.) Ingredients Seasonal mountain vegetables, river fish, etc.

#### Hoba Leaf-grilled and Mountain Vegetable Dishes

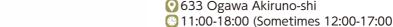
Available Year-round Ingredients Seasonal mountain vegetables, river fish, etc. used



# Kanmi Sabo Misegura Hisamori

## **2** 042-558-1852

URI http://www.hisamori.biz/



\*Confirmation at the website, etc. is necessary)

Tuesdays

10 min. walk from JR Itsukaichi Line Higashi-Akiru Station

















#### Seasonal Hisamori lunch (lunch centered on local vegetables)

Year-round (weekdays only, Available limited to 10 lunches) \*Advance bookings are handled separately

Ingredients Seasonal vegetables from Akiruno

#### Warabimochi Anmitsu

Available Year-round Ingredients Soft cream with Tokyo Milk



# Handmade Bread

# Studio Sourire









#### **2** 042-518-7754

URL http://www.sourire.jp/

- 699 Amema. Akiruno-shi
- (9) 10:00 18:00
- Tuesdays
- Approx. 15 min. walk from JR Itsukaichi Line Akigawa Station





#### Springy Nishitama Muffin

Available Year-round

Signature menu

Ingredients Seasonal local vegetables

#### Sakedane Anpan

Available Year-round Rice koji from Akiruno used



# Home of Bread A La Mode

# **2** 042-550-6505

URI http://alamode-pan.com/



- 8:00 19:00
- Thursdays
- 📵 Near JR Itsukaichi Line Akigawa Station















#### Akigawa Beef Curry Bread

Available Year-round

Ingredients Akigawa beef (from Takeuchi Ranch in Akiruno-shi) used

#### Akigawa Beef Curry Bread (with Cheese Filling)

Available Year-round

Ingredients Akigawa beef (from Takeuchi Ranch in Akiruno-shi) used





Signature







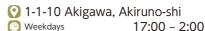
Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted)

# Dining Bar KAI Akigawa

#### **2** 042-550-6633

URL http://www.hotpepper.jp/strJ000165757/



Fri, Sat and before holidays 17:00 - 3:00 Sun and Holidays 17:00 - 1:00

Tuesdays

📵 1 min. walk from JR Itsukaichi Line Akigawa Station North Exit





Signature menu

## Grilled Akigawa Beef Skewers

Available Year-round

Ingredients Akigawa beef (from Takeuchi used Ranch, Akiruno-shi)

#### Chilled Tomato Carpaccio

Available Summer

Ingredients Local tomatoes (bought at Akigawa Farmer's Center) used



# KAI'S BAL

## **5** 042-518-7888

URL http://kais-bal.jp



- 💽 1F Akiruno Rupia, 1-8 Akigawa, Akiruno-shi
- Lunch 11:00 15:00 Dinner 16:00 - 24:00
- ☐ Tuesdays \*Wednesday in the second week of the month only (days when Akiruno Rupia is closed)
- 2 min. walk from Musashi-Itsukaichi Line Akigawa Station







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#### Akigawa Beef Steak (200g for sirloin, 150g for round steak)

Available Year-round

Ingredients

Akigawa beef (from Takeuchi Ranch, Akiruno-shi) used



# **☎** 042-596-0009

URI https://www.otowasushi.com



- (9) 11:00 14:00 (Last Call 13:40) 16:00 - 21:00 (Last Call 20:40)
- Wednesdays (Once or twice a month there are consecutive holidays on Wednesday and Thursday)
- 8 min. walk from JR Itsukaichi Line Musashi-Itsukaichi Station (Parking lot for cars and bicycles)













#### Seafood nokke-don (also offered in the evenings)

Otowa-Sushi

serving Sushi/Chinese Dishes/Unagi Eel

Available Year-round

Seasonal vegetables (lettuce, green Ingredients leaves, norabosai, etc.) from Akiruno and Itsukaichi, eggs from Itsukaichi

#### Superb Boneless Rib Akigawa Beef

Available Year-round

Ingredients Akigawa beef (from Sugao, Akiruno-shi) used



# Soba Noodles Restaurant Yanagiya



**2** 042-596-0071

URI http://a-yanagiya.com/

🕐 218 Tateya, Akiruno-shi

Apr.-Nov. Wed.-Sun. 11:00 – 17:00 Dec.-Mar. Wed.-Sun. 11:00 - 16:00

Mondays and Tuesdays

1 min. walk from JR Itsukaichi Line Musashi-Itsukaichi Station







#### Kurohachi soba noodles

Available Year-round

Ingredients used

Uses the ingredients from the vicinity of Itsukaichi as the ingredients in the tempura (spring: angelica tree shoots, butterbur shoots; summer: creeping saxifrage, Asiatic dayflower; autumn to winter: maitake mushrooms, Jerusalem artichoke, Manchurian wild rice), etc.

## Seasonal Choices of the Chef

Available Year-round

Ingredients used

Season-felt a la carte from the day's purchased food stuffs











Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted)

Wi-Fi available

#### Tokura Shiroyama Terrace

# Restaurant Shokuinshitsu



URL http://tokura-taiken.jp/restaurant/



Inside the Tokura Experience Training Center, Akigawakeikoku, 325 Tokura, Akiruno-shi

- 11:30 14:00
- Tuesdays and 28 December-January 4
- Take the bus from JR Itsukaichi Line Musashi-Itsukaichi Station, then a 7 min. walk after getting off at the Tokura bus stop.





# Signature menu

#### Inaka Countryside Curry Plate

Available Year-round

Ingredients used

Seasonal vegetables from Akiruno (mainly root vegetables)

#### Salt Grilled Satoyama Masu Trout Set Meal

Available Except for June and August

Ingredients used

Seasonal vegetables from Akiruno (small bowls, boiled ingredients), trout from the Akigawa River



# Hanagaki *Soba* Noodles

**2** 042-559-7081

URL http://akiruno.town-info.com/units/36232/hanagaki/



608-3 Ninomiya, Akiruno-shi

11:00-14:50 (Last call) 15:30-19:30 (Last call)

Sat, Sun and Holidays 11:00-19:50 (Last call)

10 min. walk from JR Itsukaichi Line Higashi Akiru Station







#### Hinohara Maitake Mushroom Tempura

Available Year-round

Ingredients Maitake mushrooms from Hinohara-mura

#### Vegetable Tempura

Available Year-round

Ingredients Seasonal vegetables from



# Nishitokyo

## Chinese Home-style Dishes

# Bokkakýo Tanashi

#### **☎** 042-451-8852

URL https://bokkakyotanashi.owst.jp/



• 4-24-1 Tanashicho, Nishitokyo-shi

(S) Lunch 11:30 – 15:00 (Last Call 14:30)

Dinner Weekdays 17:30 – 20:30 (Last call 20:00)

Saturdays 17:00 – 21:00 (Last call 20:30)

Sundays and 17:00 – 20:30 (Last call 20:00)

Mondays

🗐 5 min. walk from Seibu Shinjuku Line Tanashi Station North Exit















#### Special seasonal vegetables with Okinawa salt stir-fry

Available Year-round

Ingredients Seasonal vegetables from used Higashikurume (Endonouen)

#### Herb and Tomato Salad from Niikura Farm

Available Year-round

Ingredients Arugura, watercress, etc. from used Tanashi (Niikura Farm)



# Wine Sakaba Ichizo

## **2** 042-439-8691

IRL http://www.kanpai.biz/i\_wine.html



- 2F Nagayama Bldg., 1-3-2 Hibarigaoka, Nishitokyo-shi
- Weekdays 17:00 24:00 17:00 – 25:00 (Fri, Sat and before holidays)
- Open everyday
- 2 min. from Seibu Ikebukuro Line Hibarigaoka Station South Exit







#### Bagna Càuda

Available Year-round

Ingredients Uses seasonal vegetables used from Tanashi, Nishitokyo-shi

#### Ratatouille

Available Year-round

Ingredients Uses seasonal vegetables used from Tanashi, Nishitokyo-shi

\*All dishes use seasonal vegetables from Nishitokyo-shi (Depending on availability)









Credit cards accepted (confirm types that are accepted)



# Saikabo

Four Seasons Vegetables Chinese Cuisine

#### **☎** 042-513-9077

URL http://mizuho.shop-info.com/units/36260/saikabou/



- 💽 274 Nagaokahasebe, Mizuho-cho, Nishitama-gun
- (1) 11:30 14:30 (Last call 14:00) 17:00 - 22:00 (Last call 21:30)
- Mondays
- Along Shin-ome-kaido Ave (parking available)





Signature menu

#### Gyoza Dumplings (with homemade yuzu citrus pepper)

Available Year-round

Cabbage, Chinese cabbage, yuzu Ingredients Cappage, Chinical Cappage, Crimical cho (mostly homegrown)

#### Leek Ramen with Homegrown Leeks

Available Year-round

Ingredients Leeks from Mizuho-cho (mostly homegrown)



# Egg Center Ueno

## **3** 042-557-0494

URI http://www.1105ueno.com/



- 💽 133 Komagatafujiyama, Mizuho-machi, Nishitama-gun
- (5) 10:00 18:00 (Café opens at 13:00.)
- Mondays and Tuesdays
- 500 meters from the Mizuho Mall for Kawagoe along Route 16

















#### Melty Puddings

Available Year-round

used

Ingredients Eggs from free-range chickens at the home-farm and Tokyo Milk

## Sponge Cake Rolls

Available Year-round

Ingredients Organic flour and eggs from the home-farm and Tokyo Milk used

