# Wadatsumi Kokubunji



#### **C 042-324-2118** UR https://mix-up.owst.jp/

Q 3-12-6 Minamicho, Kokubunji-shi
 (€) 17:00 – 23:00

(Reservations required for lunch)

- 🔀 Sundays
- 3 min. walk from JR Kokubunji Station South Exit





#### Seasonal Fish Dishes

menu

Available Year-round (Every season) Ingredients used Seasonal fish from Tokyo Bay

#### Tosa Pickled Tomatoes Available Summer Ingredients used Tomatoes from Kokubunji



# Aburyanse Hyakukan



# **1** 042-329-2336

Interp://www.newtokyo.co.jp/tempo/hyakukan/ kokubunji/hyakukan\_kokubunji.htm

- 9F Celeo Kokubunji, 3-20-3 Minamicho, Kokubunji-shi
- 🕒 11:00 22:30
- New Year's Day, and other days on which Celeo Kokubunji is closed
- Inside Celeo Kokubunji in the station building directly connected to JR Kokubunji Station



A set of dishes steamed in a bamboo steamer and containing Kokubunji vegetables

 Available
 Year-round (Every season)

 Ingredients
 Seasonal vegetables from used

 Kokubunji
 Kokubunji

Seasonal menu items including Caesar salad, grilled eggplant, etc. Available Summer Ingredients Seasonal vegetables from used Kokubunji P Parking lot available

Signature

Takeout menu available (may require a reservation) 🔝 Wi-Fi available

Reservations credit possible (confi

Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted) 87

# May cafe



#### **C** 042-312-0576

URL https://www.hotpepper.jp/slrJ001129336/

💽 2F Verona Kokubunji, 2-11-16

Minamicho, Kokubunji-shi

- (9) 11:00 18:00 (subject to change)
- Wednesdays (other irregular holidays)
- 🔁 3 min. from Kokubunji Station South Exit





#### Rich vegetable pasta

Available Year-round Ingredients Broccoli, cabbage, seasonal used vegetables from Kokubunji

Kokubunji Wild Flower Honey Café au Lait	
Available	Year-round
Ingredients used	Kokubunji Wild Flower Honey, ceases to be available as soon as the honey for that fiscal year runs out



Signature menu

# Yakiniku Grilled Meat

#### **2** 042-323-5746

URL http://kokubunji.shop-info.com/yakinikkeijouen/

- 💽 1F Tozai Bldg., 2-15-5 Honcho, Kokubun ji-shi
- 🕒 Weekdays 17:00 23:30 Sundays and Holidays 17:00 - 23:00
- 🔀 Wednesdays
- 🔁 3 min. walk from JR Chuo Line Kokubunji Station North Exit



-veggies

Available Year-round Ingredients Seasonal vegetables from used Kokubunji

Keijoen	Salad with Koku-veggies (Flavorful Veggies)
Available	Year-round
Ingredients used	Seasonal vegetables from Kokubunji



Kokubunji

# Keijoen



TAKE ASSEND

Signature menu

# Syokusai Warabitei



#### <sup>Kunitachi Vegetable Restaurant</sup> Nakamichi Café



### **1** 042-848-4991

**C** 042-511-7269

URL http://kunitachi.shop-info.com/units/36236/warabitei/

URL https://www.facebook.com/nakamichicafe

😢 4-12-11-1F Fujimidai, Kunitachi-shi 🕒 11:30 – 22:30

(Until 20:30 on Sundays and Holidays)

- 🔀 Irregular
- 1 min. walk from JR Nambu Line Yagawa Station



menu			1	
	Daily Quiche		Daily Kunitachi Vegetable Salad	
Available	Year-round	Available	Year-round	
Ingredients used	Made with seasonal vegetables from Kunitachi for that day	Ingredients used	Made with seasonal vegetable from Kunitachi for that day	Yagawa
P Parking lot available	Takeout menu available (may require a reservation)		servations credit cards accepted (confirm types that are accepted)	Electronic money accepted (confirm types that are accepted)

# CRAFT! KUNITA-CHIKA



### a 042-843-0607

Image: Imag

OB1F Kunitachi Sekiya Bldg., 1-9-30 Kunitachi-shi

Tuesdays-Saturdays 17:30-23:00 (Last call 22:30) Sundays and Holidays 16:00-22:00 (Last call 21:30)

🔀 Mondays

**Pickles** 

Ingredients Seasonal vegetables from

Available Year-round

Tokyo

used

P ASSENCED,

3 min. walk from JR Chuo Line Kunitachi Station South Exit (Under the building where you enter for the Seiyu Store)





# Deep-fried local vegetables

 Available
 Year-round

 Ingredients
 Seasonal vegetables from used

 Tokyo
 Tokyo

# Stuben Otama

#### ☎ 042-551-1325

URL http://www.otama.co.jp/

- 💽 785 Fussa, Fussa-shi
- Weekdays 11:30 14:00/17:00 21:00 Weekends and Holdays 11:30 – 15:00/17:00 – 21:00

🔀 Tuesdays

3 min. walk from JR Ome Line Fussa Station East Exit





90

#### TOKYO X Pork Lunch

Available Year-round (Lunch only) Ingredients TOKYO X Ham · sausages and used bacon

#### TOKYO X Pork Steak Set

Available Year-round (Dinner only, reservation required) Ingredients used TOKYO X Pork



Signature

Fussa

# *Ikesu* Restaurant Hamazen



#### ☎ 042-551-0035

URL https://www.kourakuen.com

- 🕐 1018 Kumagawa, Fussa-shi
- 🕒 11:00 22:00
- Open everyday (Only closed for New Year's holidays)
- 5 min. walk from JR Musashi-Itsukaichi Line Kumagawa Station



Nishitama Nigiwai Meal

Ingredients Pork from Ome, freshwater Ayu Fish used from Akigawa, corn from Akiruno, etc. Ingredients change with the seasons.

#### Tempura Assorted

Available Year-round Ingredients Maitake mushrooms from used Hinohara, etc.



# Asian Restaurant Komae Saigon



#### ☎ 03-3430-5186

URL http://www.hotpepper.jp/strJ000230484/

- 💽 1-3-1 Izumihoncho, Komae-shi
- 11:30 15:00 (Last Call 14:30) 17:00 - 24:00
- Mondays (Changes on public holidays)
- 3-4 min. walk from Odakyu Line Komae Station



	Coriander Salad
Available	Year-round
ngredients Jsed	Coriander (from Komae and Setagaya)

🔚 Takeout menu available

(may require a reservation)

menu

ι

Parking lot

available

Water Spinach and Garlic Stif-fry		
Available	Year-round	
Ingredients used	Water spinach (from Komae and Setagaya)	



Reservations Cree possible (cor

Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted) 91

# Italian Restaurant Vino Uno



#### **2 03-3430-4884**

URL http://vinouno-komae.com/

- IF Izumi-no-Mori Hall, 1-8-12 Motoizumi, Komae-shi
- (12:00 14:30 (Last call 14:00) 18:00 – 21:30 (Last call 21:00)
- 18:00 21:30 (Last call 21:00

🔀 Mondays

(Substituted to Tuesday if Monday is a holiday)

📋 1 min. walk from Odakyu Line Komae Station North Exit



Lunch Course (Includes homemade, stone oven-baked bread made with natural yeast) Available Year-round Ingredients GAP Komae vegetables, used Komae vegetables

menu

# Dinner Course (Includes homemade, stone oven-baked bread made with natural yeast) Available Yearround (Dinner only, reservation required) Ingredients GAP Komae vegetables, used



# Komae

Komae

# Jack Pot Komae

#### **1 050-3184-1680** IRI http://www.jack-pot.co.jp/

- 💽 1F, 1-1-5 Izumihon-cho,
- Komae-shi
- 🕒 8:00 20:00 (Last call 19:00)
- 🔀 Open everyday
- 2 min. walk from Odakyu Komae Station North Exit (Inside Komae City Hall)



Veg	Seasonal etable Simple Salad	
Available	Year-round	
Ingredients used	Seasonal vegetables from Komae	

Signature

Oyster	and Vegetable Cream Spaghetti
Available	Year-round
	Seasonal vegetables from Komae



# Teppan TOKIO



#### **2** 03-5761-8805

URL https://www.instagram.com/iron\_plate\_tokio/

- 💽 Second floor, 1-20-4 Higashiizumi, Komae-shi
- 17:00 25:00
- 🔀 Thursdays
- 🗐 Immediately next to Odakyu Line Komae Station



Salad with our Renowned Homemade Dressing Ingredients Seasonal vegetables from Komae used \*Served with homemade dressing that uses onions, carrots, etc. from Komae (changes with the seasons)

Signature menu

> Potage with Butternut Squash from Komae Available Around Aug to Nov Ingredients Butternut squash from Komae



# Casual French restaurant Arbre



**2 042-492-7800** URL http://blog.arbre-fr.jp/

- 💽 Yamaka Bldg., 1-4-17 Matsuyama, Kiyose-shi
- 🕒 11:30 14:30 (LO 13:30) 17:45 - 22:00 (LO 20:30)
- 🔀 Monday every week and the first Tuesday of the month
- 2 min. from Seibu Ikebukuro Line Kiyose Station South Exit







Komae

available

(may require a reservation)

possible

(confirm types that are accepted)

📆 Electronic money accepted (confirm types that 93 are accepted)

# Shunsaigyo hiro

#### ☎ 042-459-1486

URL http://www.localplace.jp/t100056643/

💽 1F Namiki Bldg., 1-13-7 Motomachi, Kiyose-shi (11:00 – 14:30 (Last Call 14:00) 16:00 - 24:00 (Last Call 23:00) Sundays and days with no fish deliveries 🗐 3 min. walk from Seibu Ikebukuro Line Kiyose Station North Exit Signature menu Fish and Kiyose Vegetables **Kiyose Salad** Tempura Available Year-round Available Year-round Ingredients Seasonal vegetables from Ingredients Seasonal vegetables from Kiyose used Kiyose used

Kiyose

# Ika Bar x Niku Bar Haru 20042-497-9268



URL https://www.facebook.com/ikabarunikubaru/

- 💽 1-9-3 Motomachi, Kiyose-shi
- 🕒 16:00 24:00 (Last Call 23:00)
- 🔀 Open everyday
- 1 min. walk from Seibu Ikebukuro Line Kiyose Station North Exit





Kivose-

	ad with Raw Ham and Arugula from Kiyose
Available	Year-round
Ingredients used	Arugula from Kiyose

Signature

Fish and Kiyose Vegetables Tempura Available Year-round Ingredients used



#### Murayama *Mangestsu Udon* Noodles



#### **1** 042-560-3559

**URL** http://www.mangetsuudon.com

- 1-12-10 Mitsugi, Musashimurayama-shi
- 11:00 15:00 (Also open from 18:00 to 20:30 on Friday and Saturday)
- Mondays and 2nd Tuesday of the month
- Take the Tachikawa Bus from JR Tachikawa Station towards "Hakonegasaki." Approx. 4 min. walk after getting off at "Choenji" bus stop.



#### Udon Noodles with Meat Soup

menu

Signature

Available	Year-round
	Japanese mustard spinach
used	from Musashimurayama

#### Udon Noodles Topped with Broiled Chashu Pork Slices

Available	Summer
Ingredients used	<i>Daikon</i> radish from Musashimurayama



#### Handmade Ice Cream Workshop Verde

#### **2 042-560-6651** IRI http://gelat-verde.jp/

- 💽 1-80-3 Mitsufuji, Musashimurayama-shi
- Apr Sep 11:00 17:30 Oct to Mar 11:00 - 17:00

are accepted)

- Mondays and Tuesdays (subject to change)
- 5 min walk from Tachikawa Bus and Seibu Bus "Aeon Mall" bus stop



are accepted)



# Nikujiru Udon Nagashimaya



#### **2** 042-516-8669

URL https://m.facebook.com/3.nagashimaya/

- 1-135-2 Ominami. Musashimurayama-shi
- 🕒 Lunch 11:30 15:00
- Dinner 18:00 21:00
- 🔀 Irregular
- Take the bus from the Tachikawa Station. 2 min. walk from "Ominami 1-chome" bus stop



Nikujiru Udon

used

Signature menu

used

Available Year-round

Ingredients Seasonal vegetables from Tokyo (mainly from Musashimurayama) \*A portion of our flour is from Musashimurayama

Ingredients Seasonal vegetables from Tokyo used (mainly from Musashimurayama) \*A portion of our flour is from Musashimurayama

Matsuzen (Wikujiru udon and tempura rice bowl) /

Takezen (Wikujiru udon and tempura)



# Yokocho Wine Sakaba Lido



Lido-style salad

Ingredients Seasonal vegetables from Hachioji and Tama

#### **2** 042-400-7445 URL http://www.lido-vins.com/

- 💽 B1 Ochiai Yokocho, 1-11-3 Ochiai, Tama-shi
- []] 18:00 23:30
- Sundays, additionally some other irregular days
- 🔁 1 min. walk from the Keio Line, Odakyu Line, and Tama Monorail stations





Musashimurayama

# Hatake de Kitchen



### **A** 042-400-0915

URL http://kusamura.org/introduction/kitchen/

- OF Cocolia Tama Center 1-46-1 Ochiai, Tama-shi
- () 11:00 22:00 (Last call 21:00)

📃 5 min. walk from Keio Sagamihara Line Keio Tama-Center Station, Odakyu Tama Line Odakyu Tama-Center Station, and Tama Toshi Monorail Tama-Center Station





Available	Year-round
Ingredients used	Seasonal vegetables (shiitake mushrooms, etc.) from Hachioji

# mushrooms and small, dried fish



#### Run! Yoshoku-ya-san♪ Inagi Satoyama Kitchen



Signature

#### **2** 042-331-3318 URL http://soup-shisyou.jimdo.com/

💽 36-104 Hirao Jutaku, 3-1-1Hirao, Inagi-shi

- (Ann to Fri)
  - 11:30 21:00 (Sat, Sun and Holidays)

Wednesdays

Take the bus from either Odakyu Line Shin-Yurigaoka Station or Keio Line Inagi Station. Store is immediately next to the "Hirao Danchi" bus stop.





Tama

#### Akariya Kosen Handmade Soba Noodles

### **a** 042-379-9225

URL http://akariyakosen.com/

- 💽 310-10 Yanokuchi, Inagi-shi
- (1) 1:30 13:40 Last Call (14:00 Closed) 17:30 - 20:30 Last Call (21:00 Closed)
- Mondays and 4th Tuesdays (closed the following day if a holiday)
- 🗐 1 min. walk from Nambu Line Yanokuchi Station



Pear Soba

 $\widehat{\mathbf{\cdot}}$ 

Available End of August to early October Ingredients Pears from Inagi (Inagi, Niitaka, etc.) used



Available Nov to Mar

Signature menu

used

Signature menu

# ORTOLANA

Ingredients (Vegetables received: Long

mushrooms, etc.)

**Duck Hot-pot** 

Seasonal vegetables from Inagi

leeks, chrysanthemums, shiitake

#### **2** 042-407-5659 URL http://ortolana.kitchen/

- 💽 965-1 Oomaru, Inagi-shi
- 🕒 11:00 13:30 Last Call (From 11:30 for weekends and Holidavs) 17:30 - 21:00
- X Tuesdays (May be closed on other days)
- 🖲 2 min. walk from JR Nambu Line Minami-Tama Station



Ortolana Napolitan Pasta		Peperoncino with Inagi Vegetables		
Available	Year-round	Available	Year-round	
Ingredients used	Seasonal vegetables from Inagi (onions, carrots, bell peppers, eggplants, chayote, <i>norabou</i> greens, cabbage, etc.)	Ingredients used	Seasonal vegetables from Inagi (cucumbers, carrots, paprika, chayote, <i>norabou</i> greens, etc.)	



\*Business hours and days when restaurants are closed may change. Please check the latest information on the store's website, etc. 98

Inagi

# imacoco coffee



#### **2** 080-5674-7374

URL http://imacococoffee.web.fc2.com

- 🕐 1736-1 Higashinaganuma, Inagi-shi
- 🕒 Weekdays 9:00 18:00 Weekends 10:00 - 18:00
- 🔀 Wednesdays, Thursdays and Holidays
- 🔁 10 min. walk from Keio Sagamihara Line Inagi Station



#### Imacoco Original Salad

vegetables from Inagi

vailable	Year-round
gredients	To the greatest extent possible, we use seasonal

#### Homemade Pie and Pear Jam

Available Year-round Ingredients Pears from Inagi (Kaya En used Produce)



#### Italian Restaurant Crescere

A

In

used



#### **C** 042-578-3368 URL http://cordialita.com/

- First floor, 4-15-11 Gonokami, Hamura-shi
- [] 11:30 14:30 (Last Call 14:00) 18:00 - 22:30 (Last Call 22:00)
- Sundays
- 2 min. walk from JR Ome Line Hamura Station Fast Exit



menu				10-223			
Peperoncino Spaghetti with Fresh Tomatos, Bell Peppers, and Roasted Eggplant			Grilled Cheese with Eggplant an Minced Meat		d	*	
Available	Jul to Nov	A	vailable	Jul to N	lov		
Ingredients used	Tomatoes, bell peppers, eg (from Hamura)	51	gredients sed	Eggplan	nts (from Hamura)		Hàmùra
P Parking lot	😹 Takeout menu available	🔝 Wi-Fi availab	le 📖 Re	servations	📟 Credit cards accepted	Electronic m	oney accepted

possible

Inagi

available

Parking lot 🛛 🔛 Takeout menu available (may require a reservation) 🔝 Wi-Fi available

Credit cards accepted (confirm types that are accepted)

📆 Electronic money accepted (confirm types that 99 are accepted)