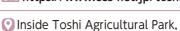
Kitchen Toretate

2 03-3853-4114

URL https://www.ces-net.jp/toshino/





- 2-44-1 Shikahama Adachi-ku 1st Floor: 10:00 - 17:00 2nd Floor: 11:00 - 17:00
- 🔀 1st and 2nd floors: Wednesdays 2nd floor: Thursdays
- 📵 From Nishiarai Station take the "Shikihama Toshi Agricultural Park Route" Tobu Community Bus and get off at the last stop







Available Year-round

Ingredients Vegetables from the park

Toretate Set Meal

Fresh-Picked "One-Plate" Meal with Soup

Available Year-round

Ingredients Vegetables from the park



Kosodate (Parenting) Café

cotoca



5 03-6320-2736

URI https://cotoca-senju.jp/

- 2-18 Senju, Adachi-ku
- 10:00 17:00
- Saturdays, Sundays and Holidays
- 7 min. walk from various lines at Kitasenju Station West Exit







5 Kinds of Steamed Vegetables

Available Year-round (during harvesting period) Ingredients Vegetables from Adachi City Agricultural Park



Katsushika

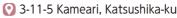
Charcoal Grilled Skewered Meat

Uekusa



URL





(1) 17:00 - 24:00 (Last call 23:30)

▼ Tuesdays

3 min. walk from JR Joban Line Kameari Station







Katsushika Onion Hotpot

Available November to March
Ingredients Onion from Mizumoto
used Katsushika

1

Katsushika Grilled Tomatoes

Available June to September

Ingredients Tomatoes (From Katsushika)



Tenpura Amaduru

☎ 03-6240-7701

URL https://www.tempura-amaduru.com



- 102 Eternal Knot, 3-30-14 Kameari, Katsushika-ku
- 11:30 13:30/18:00 20:00
- ② 3 min. walk from JR Kameari Station

















Katsushika *Genki* Vegetable Tempura

Available Year-round

Ingredients Seasonal vegetables (corn, okra, used turnips, etc.) from Katsushika-ku

Tenju

Available Year-round

Ingredients Seasonal vegetables from used Katsushika-ku











Credit cards accepted (confirm types that are accepted) Electronic money accepted (confirm types that are accepted)

Edogawa

Soba Noodles Choujyuan









2 03-3654-6739

URI https://choujyuan.com/

- 3-29-5 Nishiichinoe, Edogawa-ku
- (Please check the website for changes)
- Thursdays
- 17 min. walk from Toei Shinjuku Line Ichinoe Station 5 min. walk from the nearest bus stop "Nishiichinoe Sanchome" *Look for the "Komatsuna *Udon*" Flag





Signature

Japanese Mustard Spinach *Udon* Noodles

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa

Japanese Mustard Spinach Soba Noodles

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa



Artisan Traditional Craft Cafe

2 03-3676-9083

URL http://www.shinozaki-bunkaplaza.com/cafe



- 3F Proceed Shinozaki Tower, 7-20-19 Shinozakimachi, Edogawa-ku
- 9:00-20:30 (Last order Food 19:30/Drink 20:00)
- Get off at Toei Shinjuku Line Shinozaki Station, then go to Shinozaki Cultural Plaza, directly connected to the station's West Exit







Japanese Mustard Spinach

Doria Set (Shrimp, meat)

Ingredients Japanese mustard spinach used from Edogawa

Available Year-round

Japanese mustard spinach juice

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa



58

Edogawa

Donut and Donut









☎ 03-3656-1142

URL http://www.donutanddonut.com/

- 1F NIKO Parkheim Shin Koiwa. 2-39-18 Matsushima, Edogawa-ku
- 10:00 18:00
- Sundays and Holidays
- 2 min. walk after getting off the Toei Bus/Keisei Town Bus at "Edogawa Kuyakusyo Mae"







Signature menu

Japanese Mustard Spinach and Miso

Available Year-round

Ingredients Japanese mustard spinach from Edogawa-ku

Bakery Restaurant Maruko













23 03-3656-5211

URI https://bakerymaruko2017.com

- 2-10-7 Ichinoe, Edogawa-ku
- (1) 11:00 23:00 (Last call 22:00)
- December 31 and January 1
- 13 min. walk from Toei Shinjuku Line Ichinoe Station







Cream Pasta with Bacon and Japanese Mustard Spinach (Lunch with salad bar)

Available Year-round

Ingredients Japanese Mustard Spinach from Haruecho, Edogawa-ku Cream Pasta with Clams and Japanese Mustard Spinach (Lunch with salad bar)

Available Year-round

Ingredients Japanese Mustard Spinach from Haruecho, Edogawa-ku











Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted)

The Scent of Happiness

Pere Noel Minamino

2 042-632-0214

URL http://www.pere-noel.co.jp/





- 3-11-5 Nishikatakura. Hachio ji-shi
- 9:30 20:00
- Open everyday
- 🗐 5 min. walk from JR Yokohama Line Hachio ii-Minamino Station





Signature menu

Tokyo Hachioji Madeleine "Yamato"

Available Year-round Ingredients Rice flour, honey, eggs (From Hachioji)

Hachioji Castella

Available Year-round Ingredients Honey, eggs (From Hachioji)



*Other products include cakes made with milk from Hachioji and seasonal fruit from Hachioji.

Isonuma Milk Farm _EO Hachioji



3 042-686-3177

URI http://isonuma-farm.com/

- 1F CELEO Hachioji North, 1-1-1 Asahicho, Hachio ji-shi
- 10:00 21:00
- Inside the CELEO Hachioii Bldg., directly connected to JR Chuo Line Hachio ji Station







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used

"Golden Rule" Milk Soft Serve Ice Cream

Available Year-round

"Golden Rule" pasteurized Ingredients milk (Store's own pastures in Hachioji)

"Golden Rule" Milk Drink

Available Year-round

"Golden Rule" pasteurized Ingredients milk (Store's own pastures in Hachioji)

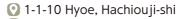


Keinoya Hachioji Minamino

2 042-683-4987

URL https://kaitakushi.co.jp





Tuesdays-Saturdays 11:30-14:00/17:00-23:00 17:00-23:00

Mondays Mondays

1 min. walk from JR Yokohama Line Hachioji Minamino Station





Signature menu

Freshly Gathered Hachioji Vegetable Salad

Available Year-round

Ingredients Vegetables from Hachioji

(Kobikimachi)

Abundant Assortment of Grilled Hachioji Vegetables and Cheese

Available Year-round

Ingredients Vegetables from Hachioji (Kobikimachi)



Additive-Free, Dashi-based Japanese Food Ajinao

2 042-663-0262

URI http://ajinao.com/



B1F Agora Bldg., 1-8-25 Mejirodai, Hachioji-shi

17:00 - 22:00 (Lunch is currently available by reservation) (Takeout 9:00~17:00)

Wednesdays (with irregular holidays)

3 min. walk from Keio Takao Line Mejirodai Station



















Hot-pot and simmered meal that uses "Specialty Tokyo ingredients" and "Dashi"

Available Year-round

Seasonal vegetables and fruits from within Tokyo (Mizuho Igaki Ingredients farm, etc.), eggs (Machida-shi Kato-Farm), seasonings (Akiruno's Kondo jozo, Inc.), and Edo Tokyo vegetables

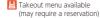
Various snacks and side dishes such as Nimono simmered dishes, tempura, nabe hot pot, and salads using special Tokyo ingredients and dashi broth

Available Year-round (Hot pot is available October to March)

Seasonal vegetables and fruits from within Tokyo (Mizuho Ingredients Igaki farm, etc.), eggs (Machida-shi Car-to-Farm), seasonings (Akiruno Kondojozo, Inc.), and Edo Tokyo vegetables















hoccori *café

3 042-595-8379

URL https://m.facebook.com/hoccoricafe/?locale2=ja_JP





- (1) 11:30 17:00
- X Tuesdays and Wednesdays
- 5 min. walk from JR Tachikawa Station South Exit







Brown Rice and Black Curry

Available Year-round

Ingredients used

Vegetables, mainly from Tachikawa, such as onions, carrots, cabbaages, etc. (no meat or fish is used) and ground black sesame



Salad Plate

Available Year-round

Ingredients used

Made from approximately different types of vegetables from Tachikawa, such as Japanese mustard spinach, spinach, Chinese cabbage, leaf lettuce, bell peppers, carrots, cucumbers, mini tomatoes, etc.



Teppan-yaki Senju



2 042-529-6787

URL http://千珠.com/

- 1F Muto Bldg., 3-4-3 Akebonocho Tachikawa-shi
- (9) 18:00 23:00 (Last call 21:00)
- Wednesdays (No holidays in December)
- 10 min. walk from JR Tachikawa Station North Exit







Daily Fresh-Gathered Salad

Available Year-round

used

Seasonal vegetables from Tachikawa Ingredients (Sugar beets, luna, momonosuke radishes, radishes, Japanese mustard greens, lettuce, etc.)

a EMO Kuroge Wagyu Beef Sirloin Steak from Miyazaki

Available Year-round

TAKE MENUD, CREDIT CARD CARD

Ingredients Garnished with seasonal vegetables from Tachikawa



[&]quot;EMO" is a trademark for "Earth Medicine 0"

ikawa

Minore Café

☎ 042-538-7227

URI http://tokyomidori.jatokyo.or.jp/minore/



- Tachikawa Minore Farmer's Center, 2-1-5 Sunagawa-cho, Tachikawa-shi
- Aripl-October: 10:30 17:00 November-March: 10:30 – 16:00
- X 12/31 1/4
 - *Only some menu items are available during events
- 15 min. walk from Seibu Haijima Line Musashi-Sunagawa Station 1 min. walk from Tachikawa Bus "Sunagawa Gosaro" bus stop





Signature

Meat Udon / Meat Stock Udon

Available Year-round (excluding festivals and events)

Ingredients used Yawaraton Pork from Tachikawa, greens (Japanese mustard spinach, etc.) and green onions from Tachikawa

Voar round (evoluding

Tokyo Black Tea Soft Servce Ice Cream Available Year-round

Ingredients Tokyo milk, Tokyo black tea



Rinto Kaiseki Catering

2 042-521-3180

URL http://rinto.jpn.com/



- 3-29-8 Hagoromocho, Tachikawa-shi
- 11:30-21:30 (Last call 21:00)
 *Only by reservation (Reservations accepted
 - 09:00 18:00) Please make a reservation at least 3 days in advance
- 🔀 Irregular
- 7 min. walk from JR Nambu Line Nishi-Kunitachi Station







Course Meal [SUZAKU]/[KIRITSUBO]

Available Year-round

Ingredients Kuroge Wagyu "Akikawa Beef" from used Tokyo, vegetables from Tachikawa

Sugo Sukiyaki and Kaiseki Dining

Available Year-round

Ingredients used Kuroge Wagyu
"Akikawa Beef" from Tokyo









ASSENTED, CREDIT CANONE



Credit cards accepted (confirm types that are accepted) Electronic money accepted (confirm types that are accepted)