

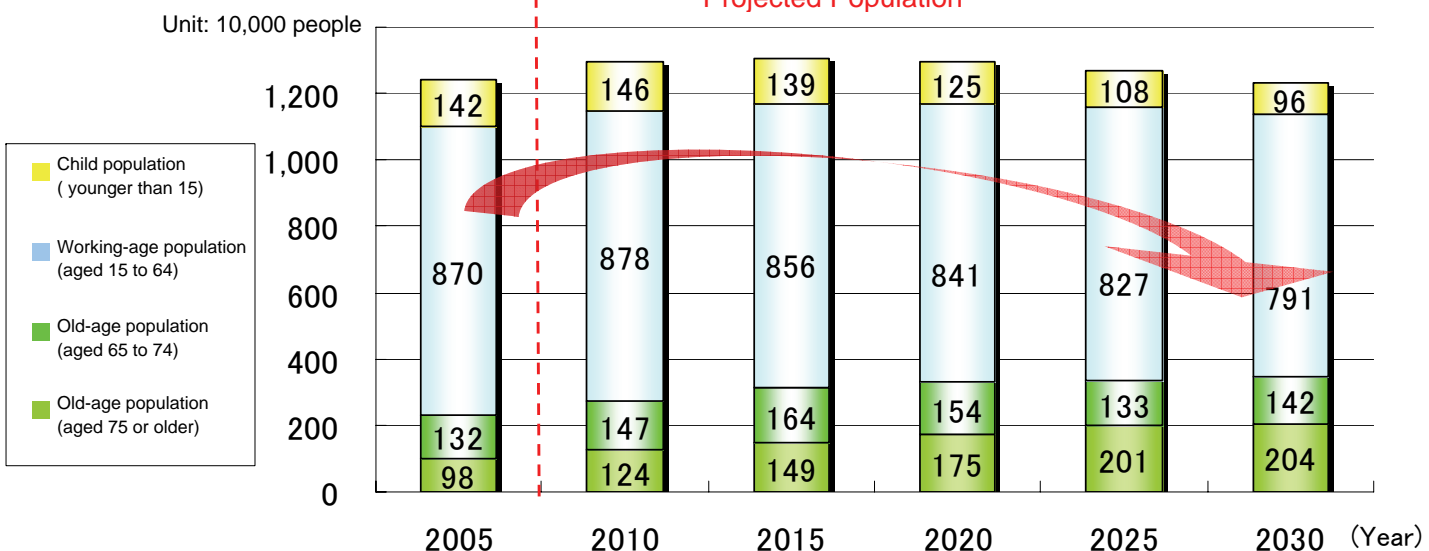
# Tokyo's population continues to grow: Senior citizens live healthy and active lives

**While the national population is now on the decrease, the populations of the Greater Tokyo Area and Tokyo will increase in the short term but decrease in the long term.**

	2005	⇒	2015
<b>National population</b>	<b>128 million</b>		<b>125 million ↓</b>
<b>Greater Tokyo Area</b>	<b>34.5 million</b>		<b>35.3 million ↑</b>
<b>Tokyo</b>	<b>12.6 million</b>		<b>13.1 million ↑</b>

\* The Greater Tokyo Area area includes Tokyo, Saitama, Chiba, and Kanagawa Prefectures.

## <Tokyo Population Changes>



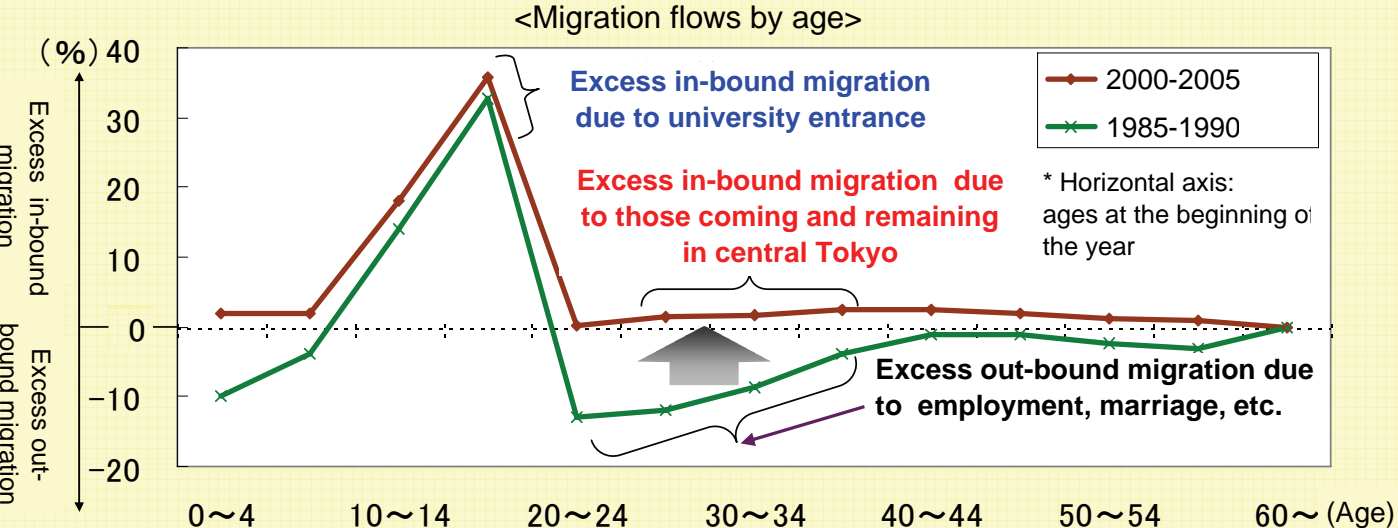
### Major changes forecast between 2005 and 2015

In the long term, the labor force will decrease due to the effects of the falling birthrate and the rapidly aging population	It will become increasingly necessary to employ more women and elderly workers and achieve higher efficiency in the development of human resources
[Working-age population] 8.7 million → 8.56 million	
As baby boomers age, the active elderly population will increase	It will be necessary to encourage social participation of the elderly in various fields
[Number of people aged 65 to 74] 1.32 million → 1.64 million	
The number of people aged 75 or over will rapidly increase, of which approximately 30% will live alone	It will be necessary to provide various public services such as support for living
[Number of people aged 75 or older] 0.98 million → 1.49 million	
[Households comprised of only one person aged 75 or older] 0.25 million → 0.42 million	

## Migrations to and from Tokyo

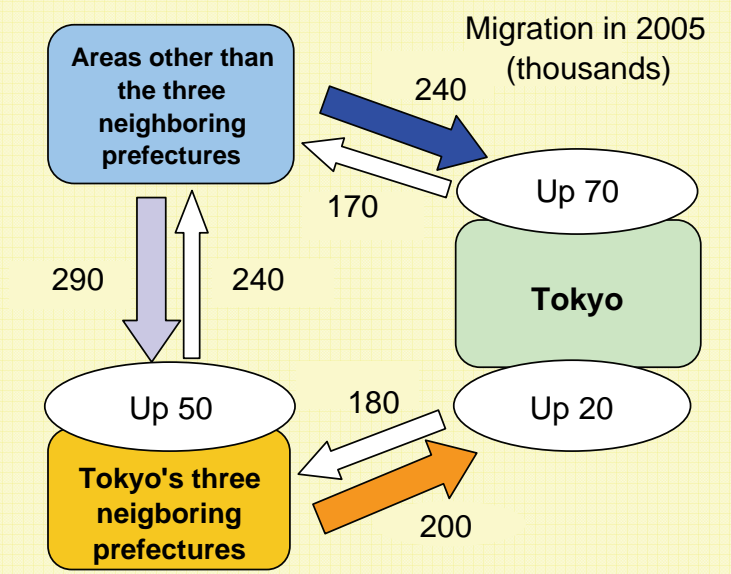
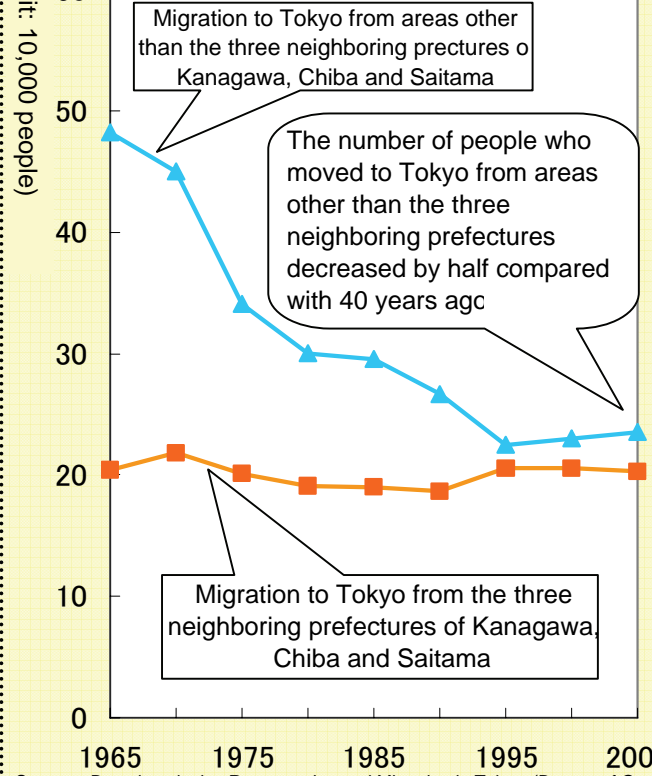
The number of people who migrate to and from Tokyo affects the total population change

**<Major changes>**  
 (Past trends) People tended to move to Tokyo from the rest of the country in their late teens and leave in their 20s to early 30s for employment, marriage, childbirth, and housing acquisition.  
 (Present trends) People tend to move to Tokyo in their late teens and remain past their 20s.



Source: Estimates by the Headquarters of the Governor of Tokyo based on Population Census (Ministry of Internal Affairs and Communications), Vital Statistics (Bureau of Social Welfare and Public Health, Tokyo Metropolitan Government) and Population Projections by Prefecture, October 1992 (Institute of Population Problems, Ministry of Health and Welfare)

## <Population migration between Tokyo and other areas in Japan>



Source: Based on the Annual Report on Internal Migration in Japan (February 2006, Ministry of Internal Affairs and Communications)

Migration to Tokyo from areas other than the three neighboring prefectures will continue to decrease in accordance with a population decrease in those areas. Migration to Tokyo, however, will continue in the immediate future.

Source: Based on the Report on Internal Migration in Tokyo (Bureau of General Affairs, Tokyo Metropolitan Government)